Arapohue Centre

Holistic, long-term residential healing and recovery centre supporting men to be free of addiction, trauma and anti-social behaviours

A special place for men to find hope

Arapohue Centre is a long-term, therapeutic facility (min. 6-month programme) where issues of the mind, body, spirit and whanau are addressed (te whare tapa whā) in a faith-based, holistic, rural environment:

Specialised in-house programmes

- freedom from alcohol and drug dependencies, anger and violence / family violence
- inner healing for trauma and adverse childhood experiences
- group sharing and individual karakia (prayer)
- support to get a full driver's license, bank accounts and ID sorted
- a place to belong, rebuild and reintegrate

Local community-based programmes

Residents access:

- Dargaville Community Health for addiction, psychiatric, mental health (hinengaro) and counselling services as needed
- Dargaville Medical Centre or Te Ha Oranga for physical (tinana) health services
- Changing Men's Behaviour (Te Huringa o Te Ao), Narcotics Anonymous, Making Changes, Coping Skills (He Ara Oranga), Man Alive (for violent offenders or family violence) and Celebrate Recovery (freedom from hurts, hang-ups and habits)

> **... be transformed by the renewing of your mind.**
>
> Romans 12:2

Work therapy

Rebuild strength, confidence, learn new skills and get activated with a variety of scheduled tasks:

- building restoration work and painting
- veggie garden & orchard maintenance
- grounds maintenance (lawns & weedeating)
- learning to cook and clean
- walking and grooming horses
- animal care (dog, chickens, sheep, horses)
- trimming trees and gathering firewood
- thistle and weed removal from paddocks

What previous residents are saying:

*"Before I read Janet's book, **The Wild Side—from meth-addiction to redemption**—I was on heroin, methodone and opiates trying to kill my emotional pain. I wanted the kind of healing and freedom that she had. On the fourth day at Arapohue, where I received much love and prayer, I was out of bed and grooming one of the horses—and the terrible withdrawal symptoms were gone! What hadn't been accomplished by 15 medical detoxes in the past, was done in less than one week. I had begun my healing journey."* – "L".

"Coming to Arapohue Centre completely changed my life. I have worked through trauma, addiction, and behaviours that trapped me in a life-long cycle of crime and substance abuse. For the first time since childhood, I am happy. I no longer see myself as a criminal, and now have purpose, direction, and hope for the future." – Jamie

"I had an excellent outcome in court... I gave the courts the support letters from Arapohue, which were noted in court. 15-years of addiction. 8 years in prison and 73 convictions.

I am now married. I am also studying for my Level 4 Certificate in Mental Health and Addictions. I entered Arapohue taking from the world, I left with the heart to feed the community." – Daniil

More Stories of Hope on
wildsidetrust.org/stories-of-hope

Who can come?

#notimewasters #noboxtickers

#1 Criteria:
Men who are ***100% serious*** about stoping their addictions, stinking-thinking and antisocial behaviour once and for all—men who are desperate to break antisocial cycles and turn their lives around 180°.

We accept self-referrals, family referrals, plus those on EM-Bail and Home Detention.

How to get here

#1 Case managers, lawyers can contact Ray on 027 254 6778 or ray@thewildside.net.

#2 Self referrals call Ray (Arapohue Centre director) and convince him you're ***desperate*** to change your life.

The online application form is on
wildsidetrust.org/online

#3 If your application is accepted, do your best to detox and / or quit smoking before you get here. Smoking is a trigger for addiction.

ZERO TOLERANCE
drugs, alcohol, nicotine and vapes
Smoking cessation support available.
Patches + lozenges OK on a reduction plan.

Contact

Ray & Janet Curle, Directors, Arapohue Centre and Trustees, Wild Side Charitable Trust

Ray p: 027 254 6778 | e: ray@thewildside.net
574-580 Hoyle Rd, RD4, Dargaville 0374

About Us

wildsidetrust.org/about-us

Arapohue Centre is owned and operated by Wild Side Charitable Trust

Wild Side Charitable Trust [Charities Reg No. CC55065]

MSD Work & Income Supplier No. CUR002861827

WILD SIDE CHARITABLE TRUST

wildsidetrust.org